

# Understanding Compassion Fatigue

a seminar about learning to care well  
in the face of traumatic stress

date

time

location

for more information



**CHRISTOPHER MARCHAND**  
Certified Compassion Fatigue Specialist



# Steps to Healthy Care Giving

a proactive compassion fatigue seminar to help you  
think about the personal costs of caring

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# Restoring Health and Hope

a compassion fatigue seminar designed to  
enhance your personal wellness

date

time

location

for more information



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